

PREFACE

“The Healing and Regeneration Of America” takes a deep look at contemporary America and our current state of health and our current health care system..To fully appreciate the relevance of this document one must understand the current operating paradigm(s) which are operating today..The primary paradigm, being the wholesale adoption of the allopathic medical model.This medical and I might add, economic model,emphasises symptomatic treatment while ignoring and or disregarding the efficacy of “alternative “ medicine...

In 1976, I authored a book entitled “Medicine Today Healing Tommorrow” (Celestial Arts)...This book was seen to be way ahead of its time in that I maintained that we must redirect our focus in medicine and begin to explore the concept of wholistic preventative medicine.Wholistic preventative medicine is rooted in a deeper awareness of the extraordinary healing power of nature, the vital importance of nutrition, along with realizing the profound effect that our mental/emotional attitudes and spiritual development have in sustaining and maintaing our well being... Indeed I made the case then as I do now that health and wellness is our inherent natural state of being... and that ultimately our individual and collective state of health is predicated on the infinite series of choices that were making moment-by-moment...

Thus, our health is a matter of choice, and is a reflection of our state of education and/or level of consciousness ... This being the case we can begin to fully appreciate the fundamental role education has in the alleviation of human pain and suffering... Indeed,ultimately the curing of disease lies in its prevention...”An ounce of prevention is worth a pound of cure”... This fundamental understanding is scientifically substantiated throughout this document... Concurrently , we also offer detailed scientific reseach for the effective , safe and inexpensive treatment of many of the major medical conditions which afflict tens of millions of Americans... thus offering renewed hope in resolving and/or dramatically mitigating human suffering.We are moving away from the disease model of health to a wellness/preventative model..The economic and health benefits of embracing this new paradigm are truly astounding and essential in that we are becoming increasingly aware that todays approach to “health”(disease) care is in need of fundamental reform...

As a wholistic health educator and director of The San Francisco Medical Research Foundation and as one who has been actively involved in this arena, I am deeply impressed by the extraordinary strides that are being made in the health sciences...Indeded we are rapidly moving into a new paradigm where the wholistic paradigm of spirit, mind and body is becoming acknowledged as a true beacon of wisdom... This new wholistic ecological model which has its roots in the Ancient and Eternal Wisdom is indeed coming of age . This emerging paradigm has its foundations in modern quantum physics and the laws of nature and reflects the application of the great spiritual /healing traditions which have been bequethed to humanity over eons of time..

We are becoming increasingly aware that both “time” and “death” are illusions... that life itself, our life, is a process of progressive evolution...This evolution in consciousness and understanding is the foundation of this wholistic/ecological age..an age where we are fully conscious that *“the stenght of our nation is directly proportional to the health of our people and the health of our people is intimately connected to the quality of our air, food and water”*...

Thus, as we become increasingly health conscious and aware that health is a function of lifestyle (choices), and as the business of America becomes the business of health for our people, we shall become a peaceful nation of strong, vital, socially conscious and creative individuals... Through wholistic health-care practices, eco-agriculture, and the implementation of wholistic health insurance programs for all, we will manifest our inherent birthright: Freedom From Dis-ease!...

Da Vid, MD

Director, The San Francisco Medical Research Foundation

Founder, The Light Party – (www.LightParty.com)